



INTERNAL QUALITY ASSURANCE CELL (IQAC)
DAKSHIN KAMRUP GIRLS' COLLEGE
MIRZA, KAMRUP (ASSAM), PIN- 781125
ESTD. : 1988



Phone No. 9365971719 / 8638656436 E-mail : dkgc.iqac88@gmail.com

Supporting Documents

(Capacity Building and Skill enhancement initiative)

Programme organized for development of life skill

(Yoga, Physical Fitness, Health and hygiene)

Name of the Programme: Swachh Bharat Summer Internship programme

Date: 20-06-2018 to 04-07-2018

Report: Programme **Swachh Bharat Summer Internship programme** organized by NSS Unit, Dakshin Kamrup Girls' College, Mirza from 20-06-2018 to 04-07-2018. Cleanliness Drive basic hygiene and swachhta at Xonsing Ram Das LP School.



Photo of the Swachh Bharat Internship

Kadrikary
Principal
Dakshin Kamrup Girls' College
Mirza-781125

Name of the Programme: Blood Donation camp

Date: 22-09-2018

Blood Donation camp: NSS Unit of Dakshin Kamrup Girls' College, Mirza organized blood donation camp on 22-09-2018 in association with the GMCH, Guwahati.



Photo of Blood Donation camp

Name of the Programme: Road Safety Awareness

Date: 4-2-2019 to 10-2 2019

Road Safety Awareness: The NSS unit of Dakshin Kamrup Girls' College organized a Road Safety Awareness Rally as a part of the cultural procession of the college on 4th of February 2019 to provide logistic support to the road safety week campaign (4-2-2019 to 10-2 2019).



Photo of Road Safety Programme

Kadrikary
Principal
Dakshin Kamrup Girls' College
Mirza-781125

Name of the Programme: Orientation Programme

Date: 22-05-2019

Orientation Programme: As a part of Experimental Learning, Department of Home Science visited Food Preservation Unit of Freshy, located in Manpur, Mirza on 22.5.2019. A total 30 students participated in the orientation programme.



Photo of the Orientation Programme

Name of the Programme: International Yoga Day

Date: 21-06-2019

International Yoga Day: International Day of Yoga was celebrated in Dakshin Kamrup Girls College, Mirza on 21-06-2019. The event was jointly organized by the NSS Unit and Curricular Aspects Committee of DKGK, Mirza. Dr. G. Adhikary, Principal of the college, NSS programme officer Dr. Mitali kathkatia and convenor, Curricular Aspects Committee Sri Kamal Bora participated in the yoga session along with other members of the college family.....Sri Jayashree Chaudhury, an alumni of the college was the resource person for the event.



Photo of International Yoga Day


 Principal
 Dakshin Kamrup Girls' College
 Mirza-781125



Name of the Programme: Workshop on Self defence

Date: 27-06-2019

Workshop on Self defence: One day Workshop on Self-defense and Vovinam Martial Art was organized on 27th June, 2019 by the Career Guidance Cell and the NSS Unit of Dakshin Kamrup Girls' College, Mirza in collaboration with Assam Vovinam Association. Master Papu Khan General Secretary of the Association conducted the programme as the Resource Person.



Photo of Self Defence programme on 27/06/2019

Kadrikary
Principal
Dakshin Kamrup Girls' College
Mirza-781125



24-6-2019

Workshop on Self defense

Self-defense is a countermeasure that involves defending the health and well-being of oneself from harm. It is generally found that women or girls are not very equipped to defend themselves against an attacker. Self defense helps women protect themselves and their dear ones from getting hurt or attacked. With this end in view, NSS Unit of D.K.G. College Mirza organised a workshop on self-defense for girls on 24-6-2019 at the college premises. Mr. Papu Bora, 4th Dm, Block level, General Secretary, Assam Vairam Association along with his associates gave the self defense training to the students. The training was given to create awareness, alertness, ^{developing} verbal communication skills, soft strategies and physical techniques that enable a girl to successfully escape, resist & survive violent attacks.

Signatures

- ① Kankana Das, 24-06-2019
- ② Priyanka Das
- ③ Manami Das
- ④ Hemaprabha Das
- ⑤ Gayatri Das
- ⑥ Soha Das
- ⑦ Mausumi Kalita
- ⑧ Chinu Kalita
- ⑨ Sri Subita Das
- ⑩ Karabi Nath
- ⑪ Jura Das
- ⑫ Tharitra Kalita
- ⑬ Papari Das
- ⑭ Gitima Rabha
- ⑮ Nigam Begum

Attendance Sheet of the programme

Name of the Programme: Yoga for Health

Date: 03-08-2019 to 26-10-2019

Yoga for Health: 2 Month Yoga for Health programme was organised by Dakshin Kamrup Girls' College, Mirza from 03-08-2019 to 26-10-2019. Altogether 253 students participated in the programme.

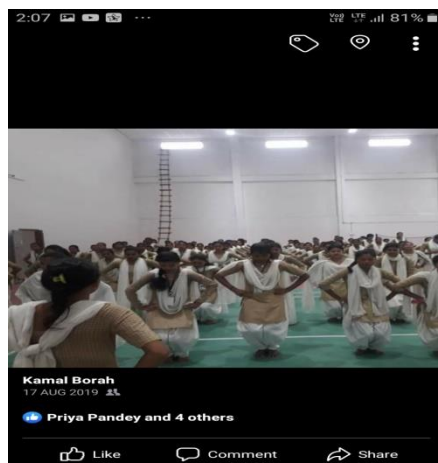
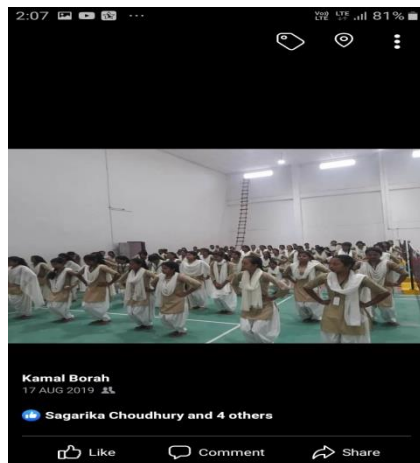


Photo Yoga Camp

Kadrikary
Principal
Dakshin Kamrup Girls' College
Mirza-781125

Name of the Programme: Fit India Freedom Run Movement

Date: 02-10-2020

Fit India Freedom Run Movement: NSS unit of Dakshin Kamrup Girls College Mirza organized a series of activities from 24th of September to 2nd of October 2020. The volunteers of the unit actively participated in the Fit India Freedom run. They also distributed guava, Lime and Pomegranate saplings along with masks and soaps to 50 families of Kochpara village, Mirza On 2nd October 2020.



Photo of Fit India Run Movement

Name of the Programme: Workshop on Baking and Embroidery

Date: 23.3.2021

Workshop on Baking and Embroidery : A one-day workshop on Baking and Embroidery was organized by the Career Guidance Cell, Women's' Cell and Dept. of Home Science on 23.3.2021

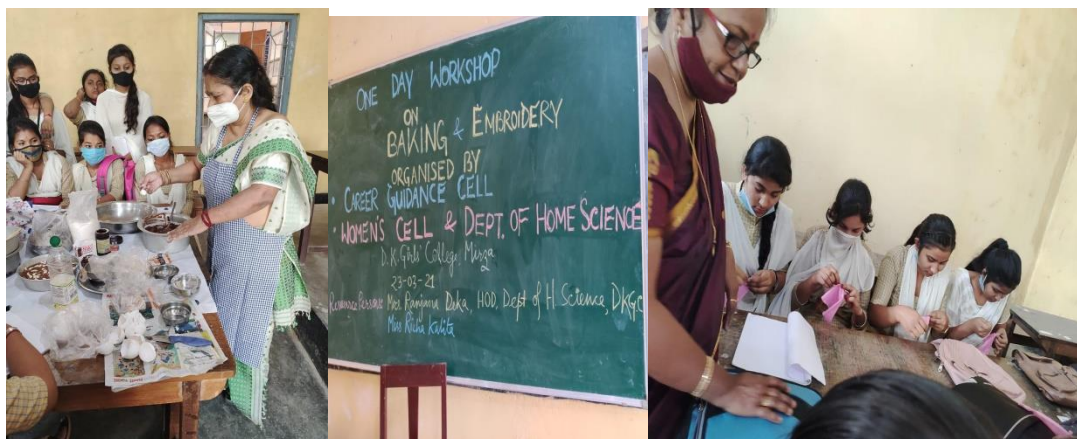


Photo of the workshop on 23/03/2021

Kadrikary
Principal
Dakshin Kamrup Girls' College
Mirza-781125

Page 23.3.2021

ONE DAY WORKSHOP
ON
BAKING & EMBROIDERY
ORGANISED BY
o CAREER GUIDANCE CELL
o WOMEN'S CELL & DEPTT. OF HOME SCIENCE
ON 23.3.2021

augurated by -
Anjan Bhuyan
Principal

Faculty Members -
1. Mrs Ranjana Deka (Asstt. Prof)
2. Miss Richa Kalita (Asstt. Prof)
3. Mrs Rukmini Barua (Ho. Bazar)

Mirabha Barua	B.A 3rd Sem
Milani Barua	B.A 3rd Sem
Mani Kankana Das	H.S 1st Year
Anchana Das	H.S 1st Year
Pabina Begum	B.A 3rd Sem
Ms Rukmini Nath	B.A 3rd Sem
Miss Dimpri Sultana	B.A 3rd Sem
Tri Dhritimila Das	B.A 3rd Sem
Sri Kabita Das	B.A 3rd Sem
Sri Nibedita Das	B.A 3rd Sem
Sri Jyoti Sarmah	B.A 3rd Sem
Purnima Borah	B.A 3rd Sem
Sri Bhavita Das	B.A 3rd Sem
Smita Palowary	B.A 3rd Sem
Mitala Kalita	B.A 3rd Sem



Attendance sheet of the programme

Name of the Programme: 'Tika Utsav' (Vaccine Mohotsav)

Date: 11-04-2021 to 14-04-2021

As a part of the four-day 'Tika Utsav' (Vaccine Mohotsav) from 11th - 14th of April 2021 to create awareness about vaccines against Covid-19' the NSS volunteers of Dakshin Kamrup Girls' college Mirza made a door to door awareness campaign on 12th of April 2021. They shared all the necessary information regarding Vaccination for Covid-19. They also distributed soaps to the people of adopted village after explaining to them the Covid-19 protocols.



Photo of Tika Utsav

Kadrikary
Principal
Dakshin Kamrup Girls' College
Mirza-781125

Name of the Programme: Health is Happiness - A Campaign

Date: 26-03-2022 to 26-04-2022

Health is Happiness - A Campaign: Three day long programme on Mental and Physical health entitled "Health is Happiness - A Campaign " from 26th and 27th March and 26th April, 2022 organized by Dakshin Kamrup Girls' College. The programme was coordinated by Kamal Bora, Asstt. Professor, Dept. Of Philosophy, and Saurabh Kalita, Asstt.Professor, Dept of Political Science of the college.



Photo of Health is Happiness Camping

Name of the Programme: Three Day Yoga Training:

Date 30-/05/2022 to 01-06-2022

Report: Student Support and Progression Committee of IQAC, Dakshin Kamrup Girls'.College organized a three day yoga camp in the college premises from 30/05/2022 to 01/06/2022. Altogether 25 students and members of the teaching and non-teaching staff participated in the programme.



Photo of Three Day Yoga

Kadrikary
Principal
Dakshin Kamrup Girls'College
Mirza-781125

Name of the Programme: Anti-Rabies Vaccination Programme

Date: 25-01-2023

Report: Rabies is almost always fatal once symptoms start to appear. Vaccination is the best way to stay safe while continuing to treat dogs and cats with kindness. The NSS Unit of Dakshin Kamrup Girls' college, Mirza along with the Programme Officer Dr.Mitali kathkatia participated in the free Anti-Rabis vaccination camp held in Uparhali Mirza on 25-01-2023. The camp was organized by Dr.Utpal Das in association with the NSS unit DKGC Mirza.



Photo of Anti-Rabies Vaccination Programme

Kadrikary
Principal
Dakshin Kamrup Girls' College
Mirza-781125

Name of the Programme: Demonstration on the preparation of Homemade Sanitizer

Date:-20-03-2020

Report: In order to create awareness about Covid 19, a *demonstration on the preparation of homemade sanitizer* was given by Ms. Richa Kalita, on 20.3.2020. Total participants- 57



Name of the Programme: BLOOD DONATION CUM Free Health Check-up camp

Date: 16-06-2023

A BLOOD DONATION CUM Free Health Check-up camp organized by the NSS Unit of Dakshin Kamrup Girls' College, Mirza, in collaboration with Department of Education Dakshin Kamrup Girls' College on 16-06-2023 in the college premises.



Photo & Certificate of the Blood Donation Course


 Principal
 Dakshin Kamrup Girls' College
 Mirza-781125

Blood Donation Camp cum
Free Health Check-up Camp - 2023

DDMMYY 16-6-23

A Blood donation Camp cum free health check-up Camp has been held by the asst. unit of the college Dept of Edu. in association with collaboration with Morari Hospital, Guwahati on 16-06-2023 in the college premises.

Objective - Raising awareness of the necessity of safe mobile service of gifting life to other people.

- To provide free medical service, medicine to the underprivileged people and refer for specialised treatment or surgery whenever it is required.

- To make sure people are getting the health care at the right time and seeing the doctors early enough before a small health problems turn serious.

Name

Signature

- | | |
|--|---------------------|
| 1) Nara Kanta Adhikary - (Donor) | N. Adhikary |
| 2) Ranjan Bhuyan - (Donor) | M. Bhuyan 16-6-2023 |
| 3) Haimin Rahman | R. 16.6.23 |
| 4) Lilabati Chandhury | 16.6.23 |
| 5) Markan L. Nongrum. (Nurse) - | |
| 6) Samanta Rajbongshi - | |
| 7) Manjuri Rathi - Hospital | |
| 8) Phaniima Hazarika - Morari Hospital | |
| 9) Munu Deori - Morari Hospital | |
| 10) Deepa Das - Morari Hospital | |
| 11) Sumita Mali | SM |
| 12) Harshita Goswami | HS |
| 13) Kishan Nath | K. Nath |
| 14) Punam Thakuria | |
| 15) Tulika Das | |
| 16) Meherzaj Begum | MB |
| 17) Amira Begum | AB |
| 18) Sehmeraj Begum | SB |

Attendance Sheet of the programme

N. Adhikary
Principal
Dakshin Kamrup Girls' College
Mirza-781125

Name: Women Self Defence training by Veerangana Assam Police

Date: 29/04/2023

Report: One Day Self Defence Programme was organised by IQAC in collaboration with Veeranga Assam Police on 29-04-2023. Total 100 students participated in the programme.



Respected SP of Kamrup District attended the programme

Kadrikary
Principal
Dakshin Kamrup Girls' College
Mirza-781125



Attendance Sheet of the programme

BY
HONOURABLE D.G.P. ASSAM
ORGANISED BY CENTRAL LIBRARY
IN COLLABORATION WITH IQAC

DATE: 29.04.2023

The book donation to College Library is
done by Honorable D.G.P. Assam through
Superintendent of Police, Kamrup, Sri
Hitish Chandra Roy, APS.

Signature in full	Signature
1. Hitish Chandra Roy S.P. Kamrup.	
2. Jisendra Brahma of Palashbari P.S.	
3. Tara Kanta Adhikary	
4. Joyannesh Bora	
5. Haren Bora	
6. Haleidwar Rahman	
7. Arjun Hozar	
8. Kamalprasad Borah	
9. Minakshi Bora	
10. Mitili Kithari	
11. Sivali Medli	
12. Rupa Bhattacharyya	
13. Jahndri De	

Kadrikary
Principal
Dakshin Kamrup Girls' College
Mirza-781125



14. Nita Mali	Buati
15. Binina Das	Das
16. Dr. Manashree Das	M. Das
17. Sanghamitra Singha	M. Das
18. Mintali Goswami	Das
19. Alaka Das	Das
20. Ratna Baruah	Das
21. Jini Das	Das
22. Sonika Kalita	Das
23. Prosanta Bora	Das
24. Indrani Das	Das
25. Nibedita Das	Das
26. Lilabati Chali	Das
27. Archanamaya Das	Archanamaya Das
28. Sima Nath	Simanath
29. Jupi Kalita	Jupi Kalita
30. Arunima Das	Arunima Das
31. Chayonika Das	Chayonika Das
32. Jyoti Nath	Jyoti Nath
33. Shaya Devi	Shaya Devi
34. Sumita Das	Sumita Das
35. Hiranmoy Choudhury	Hiranmoy Choudhury
36. Rima Das	Rima Das
37. Karabi Das	Karabi Das
38. Leena Rabha	Leena Rabha
39. Rimpri Kumari	Rimpri Kumari
40. Gracema Das	Gracema Das
41. Samyita Das	Samyita Das
42. Abhili Mahanta	Abhili Mahanta
43. Minakshi Das	Minakshi Das
44. KORINA SARMA	KORINA SARMA
45. Koushika Sooma	Koushika Sooma
46. Nijera Rabha	Nijera Rabha
47. Tulika Rabha	Tulika Rabha

48. Metali Nath	Metali Nath
49. Trupti Das	Trupti Das
50. Tarali Kalita	Tarali Kalita
51. Jesmin Begum	Jesmin Begum
52. Sunita Baroo	Sunita Baroo
53. Dipika Das	Dipika Das
54. Dipika Das	Dipika Das
55. Jesmin Begum	Jesmin Begum
56. Resmin Sultana	Resmin Sultana
57. Happymani Das	Happymani Das
58. Rinki Talukdar	Rinki Talukdar
59. Pina Goun	Pina Goun
60. Karabi Das	Karabi Das
61. Kakali Kalita	Kakali Kalita
62. Chandana Rabha	Chandana Rabha
63. Bharati Rabha	Bharati Rabha
64. Bharati Sooma	Bharati Sooma
65. Liripi Das	Liripi Das
66. Bhavati Das	Bhavati Das
67. Chandramita Inakuria	Chandramita Inakuria
68. Anindita Rabha	Anindita Rabha
69. Sikhamoni Das	Sikhamoni Das
70. Beenua Baroo	Beenua Baroo
71. Prayanka Talukdar	Prayanka Talukdar
72. Barash Kalita	Barash Kalita
73. Pallabi Das	Pallabi Das
74. Barnali Math	Barnali Math
75. Shikha Sarma	Shikha Sarma
76. Niharika Das	Niharika Das
77. Tena Kalita	Tena Kalita
78. Papari Kalita	Papari Kalita
79. Trishna Das	Trishna Das

Kadrikary
Principal
Dakshin Kamrup Girls' College
Mirza-781125



75. Bangili Talukdar	P.P.C
76. prulishona priyam chabukdhana	
77. Nikita Halden	
78. Bibhi Rabha	
79. Ronita Rabha	
80. Bhannani Rabha	
81. Pranami Das	
82. Jonali Sultana	
83. Hasina Begum	
84. Runjan Begum	
85. Shikha Das	
86. Kampi Das	
87. Gitanjali Talukdar	
88. Madhusmita Kalita	
89. Dipti Rabha	
90. Moumeni Rakhi	
91. Riya Begom	
92. Rausanara Begam.	
93. Sroni patorachary	
94. Suman Kalita	
95. Priyanka Kalita	
96/ Rima Mali	
97/ Rinkimoni Makuria	
98/ Dipa Moni Das	
99. Rini Marzumdar	
100. Pratimoni Rabha	

Attendance Sheet of the programme

Name of the Programme: Certificate course on Yoga:

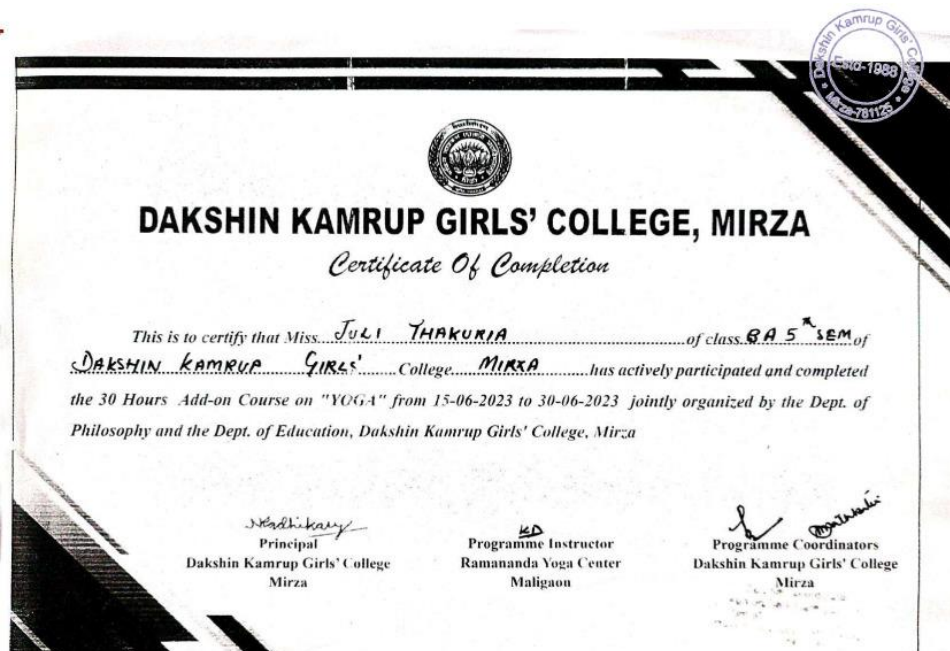
Duration: 15-06-2023 to 30-06-2023

The Department of Education Dakhsin Kamrup Girls' College mirza sign MoU with the department of Education Chhaygaon College on 01-06-2023 at chhaygaon college. The Principal of the both college express to extend their co-operation and support for taking up various academic and non Academic Programmes, Internships, Project, Workshops for the benefit of this students of both college's. Accordingly an Add on Course on Yoga at organised jointly by the Department of Education and Department of Philosophy Dakshin Kamrup Girls' college from 15-06-2023 to 30-06-2023 in which four students from education department of chhaygaon college participated and completed the course. A total 66 students participated in the course

Kadrikary
Principal
Dakshin Kamrup Girls' College
Mirza-781125



Photo of Certificate course of Yoga



Sample of Certificate

Kadrikary
Principal
Dakshin Kamrup Girls' College
Mirza-781125

Yoga

Register of Daily Attendance

SECTION _____

Roll No.	NAME	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
1	Gautika Das	P	P	P	P	P	P	P	P	P	P	P	P											
2	Karabi Kalita	P	P	P	P	P	P	P	P	P	P	P	P											
3	Trishna Das	P	P	P	P	P	P	P	P	P	P	P	P											
4	Bondita Hazarika	P	P	P	P	P	P	P	P	P	P	P	P											
5	Tina Kalita	P	P	P	P	P	P	P	P	P	P	P	P											
6	Papari Kalita	P	P	P	P	P	P	P	P	P	P	P	P											
7	Gautika Das	P	P	P	P	P	P	P	P	P	P	P	P											
8	Karabi Das	P	P	P	P	P	P	P	P	P	P	P	P											
9	Juli Talukder	P	P	P	P	P	P	P	P	P	P	P	P											
10	Begum Kalita	P	P	P	P	P	P	P	P	P	P	P	P											
11	Limpai Das	P	P	P	P	P	P	P	P	P	P	P	P											
12	Rimi Das	P	P	P	P	P	P	P	P	P	P	P	P											
13	Rishi Das	P	P	P	P	P	P	P	P	P	P	P	P											
14	Trishna Das	P	P	P	P	P	P	P	P	P	P	P	P											
15	Banashree Kalita	P	P	P	P	P	P	P	P	P	P	P	P											
16	Hirani Das	P	P	P	P	P	P	P	P	P	P	P	P											
17	Touli Nath	P	P	P	P	P	P	P	P	P	P	P	P											
18	Pranitha Das	P	P	P	P	P	P	P	P	P	P	P	P											
19	Priya Das	P	P	P	P	P	P	P	P	P	P	P	P											
20	Sangita Das	P	P	P	P	P	P	P	P	P	P	P	P											
21	Nurita Sultana	P	P	P	P	P	P	P	P	P	P	P	P											
22	Karabi Das	P	P	P	P	P	P	P	P	P	P	P	P											
23	Nayan Moni Das	P	P	P	P	P	P	P	P	P	P	P	P											
24	Sana Kalita	P	P	P	P	P	P	P	P	P	P	P	P											
25	Bixaki Kalita	P	P	P	P	P	P	P	P	P	P	P	P											
26	Bijaya Das	P	P	P	P	P	P	P	P	P	P	P	P											
27	Karabi Kalita	P	P	P	P	P	P	P	P	P	P	P	P											
28	Karabi Kalita	P	P	P	P	P	P	P	P	P	P	P	P											
29	Trishna Das	P	P	P	P	P	P	P	P	P	P	P	P											
30	Abu Bakkar Siddique	P	P	P	P	P	P	P	P	P	P	P	P											
No. of Students Present																								
No. of Students Absent																								
Total																								

Checked by Miss. Tani Das



Attendance sheet of the Yoga course


 Principal
 Dakshin Kamrup Girls' College
 Mirza-781125